

# Odyssey Life Institute

**Anchoring: Foundations in Christian Discipleship**

**Week 1 - The importance/use of Scripture**

2 Tim 3:16, 2 Pet 1:16-21, Is 55:8-9

Scripture is the path to completeness. Every avenue of life has instructions and those instructions are to be trusted. However, we have to be careful in our interpretation.

**Week 2 - A Sinless Identity vs. A Redemptive Identity**

Gen 1-3, 2 Pet 3:1-7, Eph 5:15-33, 1 Tim 5

What was a sinless man's role? What was a sinless woman's role? How were they to interact? After the fall, what's different?

**Week 3 - Definition of love**

1Cor 13, John 14:15, 15:12-15

Love is a willing, joyful, sacrificial action/lifestyle

**Week 4 - Definition of faith**

Heb 11, James 2, Rom 10:17

Faith is the trust a believer has in an invisible God.

**Week 5 - Definition of life**

Gen 2:7, 15-17, 5:5, John 11:25, Job 2:4 vs Job 33:4

There is a biological life and a spiritual life. The spiritual life is more important.

**Week 6 - Definition of prayer**

Ps 51, Luke 11:1-4, 18:10-14

Prayer is open honest communication with God. Too often we forget that when we need answers, the Holy Scriptures has them. The reading and meditating of scripture is a form of prayer.

**Week 7 - Definition of God**

Matt 10:16-33, John 3:16, 6:41-46, 16:5-16, Heb 3:4, Col 1:12-20, 1 John 5:7

God is the rightful claim of three entities whose character are one.

**Week 8 - Definition of worship**

Gen 24:26, 52, Matt 8:2, Is 29:13, Matt 15:1-9

Worship is the submitting of one's self to God. It means nothing to God to only submit physically.

**Week 9 - Definition of light**

Gen 1:1-5, 14-19, Ps 119:105, John 1

Spiritual light and God's Word are synonymous.

**Week 10 - Definition of good**

Gen 1, Ps 23

Good is something that benefits outwardly.

## MARCH 2015



### Birthday Greetings

Sis. Eunice T. Smith	02
Sis. Maudell Smith	03
Sis. Katherine Taylor	03
Sis. Latoya Pugh	04
Sis. Rosetta Walker	06
Sis. Evette Brumfield	11
Sis. Shandria Russell	11
Bro. Morris Hammond, II	14
Sis. Ebony Thomas	15
Sis. Evelyn Bishop	17
Sis. Mary Brown	19
Sis. Ida Griffin	20
Bro. Brandon Norwood	20
Bro. Jonathan Thomas	22
Bro. James Holman	23
Bro. Darryl Smoot	24
Bro. William Rush	31



### Special Prayer Requests

Active duty military personnel and their families and all veterans.

President Obama. "Prayer for those in authority over us." (2 Chronicles 1:10-11)

Mount Helm Baptist Church

Prayers for elected officials at the local, state and national level.

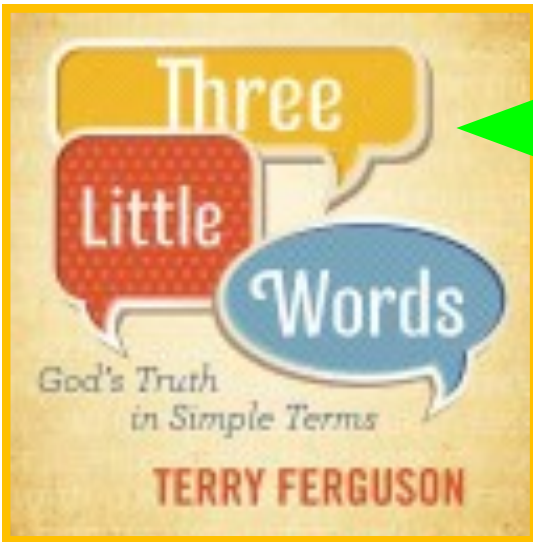
- Sis. Mary Lou Brown
- Sis. Vivian Calloway
- Bro. William Calloway
- Bro. Kenneth Clark
- Bro. Walter T. Galloway, Jr.
- Bro. Luther Griffin, Sr.
- Sis. Anita Hall
- Bro. Willie Peale
- Bro. Douglas Weathersby

**PRAYER MEETING:** Please join us each Wednesday evening at 6:30 p.m. for our weekly prayer service held in the main sanctuary. Everyone is invited to attend.

**TO THE MEMBERSHIP :** If you know of members who are ill or are experiencing tragedy of any sort in their family, please send an email to [admin@mthelm.org](mailto:admin@mthelm.org) or call 601-353-3981.

# Book Review

By Sis. Barbara Hilliard



Ofentimes individuals struggle to determine the best way to “convey a message of God’s love, direction, and encouragement for everyday living”. In this devotional book, Terry Ferguson provides easy-to-remember nuggets of truth that can turn one’s mind and heart toward God throughout the day and deepen one’s relationship with Him.

According to Ferguson, he was inspired to write this book after watching a television interview of an old rock-and-roll star who was asked “what advice he had for his son”. His response, **“Put God first, do your best, and just be yourself.”** Ferguson was surprised by the rock star’s mentioning God, impressed that he was prepared to give an answer, and stunned with the simplicity of his advice.

An idea was born. The author decided to see how many three-word responses he could think of which would be biblically based. Surprised by the number of three-word responses he came up with, Ferguson knew they needed scripture to support them and give them substance. “The number of verses to use was an easy decision--three--and thus I had a name for my collection, *Three Little Words*.”

In the Introduction Ferguson states, “The resulting collection is a means to pass on biblical advice to our children or loved ones. It provides a resource for those in need of direction or for those who need a quick pick-me-up from the word of God.” He continues, “It provides help for both those unfamiliar with God’s Word, introducing them to Scripture, and also to the “well-versed” Christian, as simple reminders of God’s profound truths. It is my hope that it inspires both the unfamiliar and the familiar to dig deeper into the entirety of God’s Word.”

## SAMPLE NUGGETS OF TRUTH:

**Put God First: Exodus 20:1-3; Matthew: 6:33; Mark 12:29-32**

**Count Your Blessings: Psalm 139:17-18; Ephesians 1:3; Psalm 40:5**

**Always Be Prepared: 1 Peter 3:15; 2 Timothy 2:20-21; Matthew 25:13**

**You Are Gifted: 1 Corinthians 12:4-7; Romans 12:3-6; 1 Peter 4:10**

**Love One Another: John 13:34-35; Romans 13:8; 2 John 1:5**

**Cast Off Cares: 1 Peter 5:6-7; Philippians 4:6-7; Psalm 55:22**

**Seek Wise Counsel: Proverbs 11:14; Proverbs 15:22; Psalm 1:1-2**

**Guard Your Reputation: Proverbs 22:1; Acts 6:3; Ecclesiastes 7:1**

**Trust and Obey: Proverbs 3:5-6; Psalm 37:3; 1 Samuel 15:22**

**Honor Your Parents: Exodus 20:12; Ephesians 6:1-3; Proverbs 1:8-9**