



Mount Helm
Baptist Church

Deeper, Higher, Wiser:
31 Days of Prayer and Fasting



A Resource Guide

Also, please find below additional resources:

Jentezen Franklin's 2013 365-Day Bible Reading Schedule: [http://70bef41bdaa0db6dd04e-910ef47a275e3683c04f7c819d62790d.r41.cf2.rackcdn.com/pdf/fasting/2013/2013 Bible Reading Guide.pdf](http://70bef41bdaa0db6dd04e-910ef47a275e3683c04f7c819d62790d.r41.cf2.rackcdn.com/pdf/fasting/2013/2013_Bible_Reading_Guide.pdf)

Bill Bright's "Your Personal Guide to Fasting": <http://www.cru.org/training-and-growth/devotional-life/personal-guide-to-fasting/index.htm>

Daniel Fast Tips and Recipes: <http://daniel-fast.com/recipes.html>
<http://www.ultimatedanielfast.com/p/daniel-fast-main-dishes.html>